



Paralyzed Veterans  
of America

Central Florida Chapter

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# WHEELS IN MOTION

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**February 2019**

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# Paralyzed Veterans of America Central Florida

5th Annual

## Jerry Dugan Memorial Charity Golf Tournament

Saturday May 25, 2019

Walt Disney World's Palm Golf Course

Course will allow special golf carts for disabled players on the course

Registration / BBQ Lunch 11:00 AM – 12:30 PM Shot Gun Start 1:30 PM

Registration: \$125.00 per golfer (Veterans \$100)

Foursomes: \$440



Cart & Green Fee, Range Balls, BBQ Lunch, unlimited drinks during play (beer, soda & water)

Goody Bag and Special Gift for each player

### Hole in One Prizes

Prizes for 1st, 2<sup>nd</sup> and 3<sup>rd</sup> place teams, closest to the pin, raffle/silent auction

For more information call 407-328-7041 or email Joannep@pvacf.org

**Paralyzed Veterans of America  
Central Florida Chapter  
2711 S. Design Ct.  
Sanford, FL 32773-8120  
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### Chapter Officers 2017-2018

President..... Steve Kirk  
Vice President..... Sean Gibbs  
Treasurer..... Brian Terwilliger  
Secretary..... Jimmy Green  
National Director..... Craig Enenbach  
  
Executive Director..... John DeMauro

### Elected Board Members

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Craig Enenbach..... Class of 2020  
Tim Wolfe..... Class of 2021  
Dan Guppenberger..... Class of 2021

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On the cover  
Heart Nebula  
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### Mission Statement

*Paralyzed Veterans of America Central Florida, a congressionally chartered veteran's service organization that provides a platform of advocacy, education and research, communication, adaptive sports and recreation for veterans paralyzed as a result of spinal cord injury or dysfunction, in an effort to afford them with the highest quality of healthcare and life experiences.*



# President

Relating to February I found that Ronald Wilson Reagan was born February 6, 1911. He was an American politician who served as the 40th president of the United States from 1981 to 1989. Prior to his presidency, he was a Hollywood actor and union leader before serving as the 33rd governor of California from 1967 to 1975.

The 40<sup>th</sup> president also had a military career. After completing 14 home-study Army Extension Courses, Reagan enlisted in the Army Enlisted Reserve and was commissioned a second lieutenant in the Officers' Reserve Corps of the Cavalry on May 25, 1937.

On April 18, 1942, Reagan was ordered to active duty for the first time. Due to his poor eyesight, he was classified for limited service only, which excluded him from serving overseas. His first assignment was at the San Francisco Port of Embarkation at Fort Mason, California, as a liaison officer of the Port and Transportation Office. Upon the approval of the Army Air Forces (AAF), he applied and was transferred from the cavalry to the AAF on May 15, 1942. He was assigned to AAF Public Relations and subsequently to the First Motion Picture Unit (officially, the "18th Army Air Force Base Unit") in Culver City, California. On January 14, 1943, he was promoted to first lieutenant and was sent to the Provisional Task Force Show Unit of This Is the Army at Burbank, California. He returned to the First Motion Picture Unit after completing this duty and was promoted to captain on July 22, 1943.

While with the First Motion Picture Unit in 1945, he was indirectly involved in discovering actress Marilyn Monroe. He returned to Fort MacArthur, California, where he was separated from active duty on December 9, 1945. By the end of the war, his units had produced some 400 training films for the AAF.

After graduating from Eureka in 1932, Reagan drove to Iowa, where he held jobs as a radio announcer at several stations. He moved to WHO radio in Des Moines as an announcer for Chicago Cubs baseball games. His specialty was creating play-by-play accounts of games using only basic descriptions that the station received by wire as the games were in progress.

While traveling with the Cubs in California in 1937, Reagan took a screen test that led to a seven-year contract with Warner Brothers studios. He spent the first few years of his Hollywood career in the "B film" unit, where, Reagan joked, the producers "didn't want them good; they wanted them Thursday".

He earned his first screen credit with a starring role in the 1937 movie *Love Is on the Air*, and by the end of 1939 he had already appeared in 19 films, including *Dark Victory* with Bette Davis and *Humphrey Bogart*. Before the film *Santa Fe Trail* with Errol Flynn in 1940, he played the role of George "The Gipper" Gipp in the film *Knute Rockne, All American*; from it, he acquired the lifelong nickname "the Gipper." In 1941, exhibitors voted him the fifth most popular star from the younger generation in Hollywood.<sup>1</sup> Reagan played his favorite acting role in 1942's *Kings Row*, where he plays a double amputee who recites the line "Where's the rest of me?"—later used as the title of his 1965 autobiography. Many film critics considered *Kings Row* to be his best movie.

*Kings Row* made Reagan a star—Warner immediately tripled his salary to \$3,000 a week—the film was released in February 1942, after the United States entered World War II. Early that year he was ordered to military active duty in San Francisco, and never became a true film star. In the post-war era, after being separated from almost four years of stateside service with the 1st Motion Picture Unit in December 1945, Reagan co-starred in such films as *The Voice of the Turtle*, *John Loves Mary*, *The Hasty Heart*, *Bedtime for Bonzo*, *Cattle Queen of Montana*, *Tennessee's*

*Partner*, *Hellcats of the Navy* (the only film in which he appears with Nancy Reagan), and the 1964 remake *The Killers* (his final film). Throughout his film career, Reagan's mother answered much of his fan mail.

In the 1950s, he moved into television and was a motivational speaker at General Electric factories. Reagan had been a Democrat until 1962, when he became a conservative and switched to the Republican Party. In 1964, Reagan's speech, "A Time for Choosing", supported Barry Goldwater's foundering presidential campaign and earned him national attention as a new conservative spokesman. Building a network of supporters, he was elected Governor of California in 1966. As governor, Reagan raised taxes, turned a state budget deficit to a surplus, challenged the protesters at the University of California, ordered in National Guard troops during a period of protest movements in 1969, and was re-elected in 1970. He twice ran unsuccessfully for the Republican presidential nomination, in 1968 and 1976. Four years later in 1980, he won the nomination, and then defeated incumbent president Jimmy Carter. At 69 years, 349 days of age at the time of his inauguration, he became the oldest president-elect to take the oath of office (a distinction now held by Donald Trump, since 2017). Reagan faced former vice president Walter Mondale when he ran for re-election in 1984, and defeated him in a landslide with the largest electoral college victory in American history.

Soon after taking office, Reagan began implementing sweeping new political and economic initiatives. His supply-side economic policies, dubbed "Reaganomics", advocated tax rate reduction to spur economic growth, economic deregulation, and reduction in government spending. In his first term he survived an assassination attempt, spurred the War on Drugs, and fought public sector labor. Over his two terms, the economy saw a reduction of inflation from 12.5% to 4.4%, and an average annual growth of real GDP of 3.4%. Reagan enacted cuts in domestic discretionary spending, cut taxes, and increased military spending which contributed to increased federal outlays overall, even after adjustment for inflation. Foreign affairs dominated his second term, including ending the Cold War, the bombing of Libya, the Iran–Iraq War, and the Iran–Contra affair. In June 1987, four years after he publicly described the Soviet Union as an "evil empire", Reagan challenged Soviet General Secretary Mikhail Gorbachev to "tear down this wall!", during a speech at the Brandenburg Gate. He transitioned Cold War policy from détente to rollback by escalating an arms race with the USSR while engaging in talks with Gorbachev. The talks culminated in the INF Treaty, which shrank both countries' nuclear arsenals. Reagan began his presidency during the decline of the Soviet Union, and the Berlin Wall fell just ten months after the end of his term. Germany reunified the following year, and on December 26, 1991 (nearly three years after he left office), the Soviet Union collapsed.

When Reagan left office in 1989, he held an approval rating of 68 percent, matching those of Franklin D. Roosevelt, and later Bill Clinton, as the highest ratings for departing presidents in the modern era. He was the first president since Dwight D. Eisenhower to serve two full terms, after a succession of five prior presidents did not. Although he had planned an active post-presidency, Reagan disclosed in November 1994 that he had been diagnosed with Alzheimer's disease earlier that year. He died at home on June 5, 2004. He is viewed favorably in historical rankings of U.S. presidents, and his tenure constituted a realignment toward conservative policies in the United States.

*Steve Kirk*



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# FEB 2019

SUN	MON	TUE	WED	THU	FRI	SAT
						01 02
03	04 Handcycling 10 am West Orange Trail RSVP 1-407-680-4854	05	06 Swimming NTC 11a-1p	07	08 Bowling/Billiards 1p-4p Boardwalk Bowl 10749E, Colonial Dr.	09
10	11	12 Air Rifle/Pistol PVACF 2p-4:30p	13	14 BOD Meeting 11a-2p Boccia PVACF 3pm	15	16
17 Handcycling 10 am West Orange Trail RSVP 1-407-680-4854	18	19	20 Swimming NTC 11a-1p	21 Bingo CLC 2pm	22 Bowling/Billiards 1p-4p Boardwalk Bowl	23
24	25	26 Air Rifle/Pistol 2p-4:30p	27	28 Boccia PVACF 10a-12p		



Anyone that knows me well knows that I am a die hard New York Yankees fan. February is the month of love and every real Yankees fan has a great love for the beloved "Babe". I am not talking about their wife or the person they care for deeply. I am talking about Yankee baseball and their beloved Babe Ruth. George Herman Ruth Jr. "The Babe" "The Big Baboon" "Bambino" was born on February 6, 1895 in the Pigtown section of Baltimore, Maryland. Many details of Ruth's childhood are unknown. However, when young George was 6, his father had a saloon with an upstairs apartment. Details are scanty about why Ruth, at the age of 7, was sent to St. Mary's Industrial School for Boys, a reformatory school and orphanage. As an adult, Babe Ruth reminisced that as a youth he ran the streets and rarely attended school, as well as drinking beer when his father was not looking. Some accounts say that following a violent incident at his father's saloon, the city authorities decided that this environment was unsuitable for a small child. George, Jr. was sent to St. Mary's on June 13, 1902. He was recorded as "incorrigible" and spent much of the next twelve years there. Although St. Mary's boys received an education, they were also expected to learn work skills and help operate the school. Ruth became a shirtmaker and was also proficient as a carpenter. He would adjust his own shirt collars, rather than having a tailor do so, during his well-paid baseball career.

How Ruth came to play baseball is uncertain. According to one account, his placement at St. Mary's was due in part to repeatedly breaking Baltimore's windows with long hits while playing street ball. He was told to join a team on his first day at St. Mary's by the school's athletic director. He became a catcher, even though left-handers rarely play that position. During his time there he also played third base and shortstop, again unusual for a left-hander, and was forced to wear mitts and gloves made for right-handers. He was encouraged in his pursuits by the school's Prefect of Discipline, Brother Matthias Boutlier. Brother Matthias, who was greatly respected by the boys both for his strength and for his fairness, played organized baseball. For the rest of his life, Ruth would praise Brother Matthias. Ruth stated, "I think I was born as a hitter the first day I ever saw him hit a baseball." Although he played all positions at one time or another, he gained stardom as a pitcher. In early 1914, Ruth signed a professional baseball contract with Jack Dunn, who owned and managed the minor-league Baltimore Orioles, an International League team. The rookie ballplayer was the subject of various pranks by the veterans. There are various accounts of how Ruth came to be called Babe, but most center on his being referred to as "Dunnie's babe." "Babe" was at that time a common nickname in baseball, with perhaps the most famous to that point being Pittsburgh Pirates pitcher and 1909 World Series hero Babe Adams. Ruth made his first appearance as a professional ballplayer in an inter-squad game on March 7, 1914. He played shortstop and pitched the last two innings of a 15-9 victory. In his second at-bat, Ruth hit a long home run to right field; the blast was locally reported to be longer than a legendary shot hit by Jim Thorpe. Once the regular season began, Ruth was a star pitcher who was also dangerous at the plate. However, few fans visited Oriole Park, where Ruth and his teammates labored in relative obscurity. Although by late June the Orioles were in first place, having won over two-thirds of their games, the paid attendance dropped

as low as 150. Dunn explored a possible move by the Orioles to Richmond, Virginia, as well as the sale of a minority interest in the club. These possibilities fell through, leaving Dunn with little choice other than to sell his best players to major league teams to raise money. He offered Ruth to the reigning World Series champions, Connie Mack's Philadelphia Athletics, but Mack had his own financial problems. Dunn sold his contract to the Boston Red Sox of the American League on July 4, 1914. The sale price was announced as \$25,000 but other reports lower the amount to half that, or possibly \$8,500 plus the cancellation of a \$3,000 loan. Ruth reported to the team in Boston on July 11. He won his first game as a pitcher for the Red Sox that afternoon, 4-3, over the Cleveland Naps. In his major league debut as a batter, Ruth went 0-for-2 before being removed for a pinch hitter in the seventh inning. Ruth was not much noticed by the fans, as Bostonians watched the Red Sox's crosstown rivals, the Braves, begin a legendary comeback that would take them from last place on the Fourth of July to the 1914 World Series championship. Ruth's new teammates considered him brash, and would have preferred him, as a rookie, to remain quiet and inconspicuous. When Ruth insisted on taking batting practice despite being both a rookie who did not play regularly, and a pitcher, he arrived to find his bats sawn in half. His teammates nicknamed him "the Big Baboon", a name Ruth detested.

On July 30, 1914, Boston owner Joseph Lannin had purchased the minor-league Providence Grays, members of the International League, where Ruth was sent for the remainder of their season. Ruth was often called upon to pitch, in one stretch starting (and winning) four games in eight days. On September 5 at Maple Leaf Park in Toronto, Ruth pitched a one-hit 9-0 victory, and hit his first professional home run, his only one as a minor leaguer. Recalled to Boston after Providence finished the season in first place, he pitched and won a game for the Red Sox against the New York Yankees on October 2, getting his first major league hit, a double. Ruth finished the season with a record of 2-1 as a major leaguer and 23-8 in the International League (for Baltimore and Providence). The following year (1915) pitching against the New York Yankees at the Polo Grounds. Ruth took a 3-2 lead into the ninth, but lost the game 4-3 in 13 innings. Ruth, hitting ninth as was customary for pitchers, hit a massive home run into the upper deck in right field off of Jack Warhop. At the time, home runs were rare in baseball, and Ruth's majestic shot awed the crowd. The winning pitcher, Warhop, would be best remembered for being the first major league pitcher to give up a home run to Babe Ruth (the first of 714). Ruth finished the 1915 season 18-8 as a pitcher; as a hitter, he batted .315 and had four home runs. The Red Sox won the AL pennant, but with the pitching staff healthy, Ruth was not called upon to pitch in the 1915 World Series against the Philadelphia Phillies. Boston won in five games; Ruth was used as a pinch hitter in Game Five, but grounded out against Phillies ace Grover Cleveland Alexander. Despite his success as a pitcher, Ruth was acquiring a reputation for long home runs; at Sportsman's Park against the St. Louis Browns, a Ruth hit soared over Grand Avenue, breaking the window of a Chevrolet dealership. In 1916, attention was focused on Ruth, once again, for his pitching, as he engaged in repeated pitching duels with the ace of the Washington Senators, Walter Johnson. The two met five

times during the season, with Ruth winning four and Johnson one (Ruth had a no decision in Johnson's victory). Two of Ruth's victories were by the score of 1-0, one in a 13-inning game. Of the 1-0 shutout decided without extra innings, AL President Ban Johnson stated, "That was one of the best ball games I have ever seen." For the season, Ruth went 23-12, with a 1.75 ERA and nine shutouts, both of which led the league. Ruth's nine shutouts in 1916 set a league record for left-handers that would remain unmatched until Ron Guidry, of the Yankees tied it in 1978. The Red Sox won the pennant and World Series again, this time defeating the Brooklyn Robins (as the Dodgers were then known) in five games. Ruth started and won Game 2, 2-1, in 14 innings. Until another game of that length was played in 2005, this was the longest World Series game, and Ruth's pitching performance is still the longest postseason complete game victory in Major League Baseball. Ruth went 24-13 with a 2.01 ERA and six shutouts in 1917, but the Sox finished in second place in the league, nine games behind the Chicago White Sox. On June 23 at Washington, Ruth made a memorable pitching start. When home plate umpire 'Brick' Owens called the first four pitches as balls, Ruth threw a punch at him, and was ejected from the game and later suspended for ten days and fined \$100. Ernie Shore was called in to relieve Ruth. The runner who had reached base on the walk was caught stealing, and Shore retired all 26 batters he faced to win the game. In 1917, Ruth was little used as a batter, other than for his plate appearances while pitching, and hit .325 with two home runs. The entry of the United States into World War I occurred at the start of the season and overshadowed the sport. Conscription was introduced in September 1917, and most baseball players in the big leagues were of draft age. This included Jack Barry, who was a player-manager, and who joined the Naval Reserve in an attempt to avoid the draft, only to be called up after the 1917 season. Frazee hired International League President Ed Barrow as Red Sox manager. Barrow had spent the previous 30 years in a variety of baseball jobs, though he never played the game professionally. With the major leagues shorthanded due to the war, Barrow had many holes in the Red Sox lineup to fill. Ruth also noticed these vacancies in the lineup; he was dissatisfied in the role of a pitcher who appeared every four or five days and wanted to play every day at another position. Barrow used Ruth at first base and in the outfield during the exhibition season, but he restricted him to pitching as the team moved towards Boston and the season opener. At the time, Ruth was possibly the best left-handed pitcher in baseball, and allowing him to play another position was an experiment that could have backfired. Inexperienced as a manager, Barrow had player Harry Hooper advise him on baseball game strategy. Hooper urged his manager to allow Ruth to play another position when he was not pitching, arguing to Barrow, who had invested in the club, that the crowds were larger on days when Ruth played, as they were attracted by his hitting. Barrow gave in early in May; Ruth promptly hit home runs in four consecutive games (one an exhibition), the last off Walter Johnson. For the first time in his career (disregarding pinch-hitting appearances), Ruth was assigned a place in the batting order higher than ninth. Barrow used Ruth primarily as an outfielder in the war-shortened 1918 season. Ruth hit .300, with 11 home runs, enough to secure him a share of the major league home run title with Tilly

Walker of the Philadelphia Athletics. He was still occasionally used as a pitcher, and had a 13-7 record with a 2.22 ERA. In 1918, the Red Sox won their third pennant in four years and faced the Chicago Cubs in the World Series, which began on September 5, the earliest date in history. The season had been shortened because the government had ruled that baseball players who were eligible for the military would have to be inducted or work in critical war industries, such as armaments plants. Ruth pitched and won Game One for the Red Sox, a 1-0 shutout. Before Game Four, Ruth injured his left hand in a fight; he pitched anyway. He gave up seven hits and six walks, but was helped by outstanding fielding behind him and by his own batting efforts, as a fourth-inning triple by Ruth gave his team a 2-0 lead. The Cubs tied the game in the eighth inning, but the Red Sox scored to take a 3-2 lead again in the bottom of that inning. After Ruth gave up a hit and a walk to start the ninth inning, he was relieved on the mound by Joe Bush. To keep Ruth and his bat in the game, he was sent to play left field. Bush retired the side to give Ruth his second win of the Series, and the third and last World Series pitching victory of his career, against no defeats, in three pitching appearances. Ruth's effort gave his team a three-games-to-one lead, and two days later the Red Sox won their third Series in four years, four-games-to-two. Before allowing the Cubs to score in Game Four, Ruth pitched 29 <sup>2</sup>/<sub>3</sub> consecutive scoreless innings, a record for the World Series that stood for more than 40 years until 1961 when it was broken by Yankees left handed pitcher Whitey Ford. Ruth was prouder of that record than he was of any of his batting feats. That same year (1961) Yankee outfielder Roger Maris broke Ruth's Major League Home Run Record of 60 HRs in 1927, when he hit 61. With the 1918 World Series over, Ruth gained exemption from the war draft by accepting a nominal position with a Pennsylvania steel mill. Many industrial establishments took pride in their baseball teams and sought to hire major leaguers. The end of the war in November set Ruth free to play baseball again and the next season he began to break Major League Batting Records. The first record to fall was the AL single-season home run mark of 16, set by Ralph "Socks" Seybold in 1902. Ruth matched that on July 29, then pulled ahead toward the major league record of 24, set by Buck Freeman in 1899. Ruth reached this on September 8, by which time, writers had discovered that Ned Williamson of the 1884 Chicago White Stockings had hit 27—though in a ballpark where the distance to right field was only 215 feet (66 m). On September 20, "Babe Ruth Day" at Fenway Park, Ruth won the game with a home run in the bottom of the ninth inning, tying Williamson. He broke the record four days later against the Yankees at the Polo Grounds, and hit one more against the Senators to finish with 29. The home run at Washington made Ruth the first major league player to hit a home run at all eight ballparks in his league. The 1919 season saw record-breaking attendance, and Ruth's home runs for Boston made him a national sensation. In March 1919 Ruth was reported as having accepted a three-year contract for a total of \$27,000. Nevertheless, on December 26, 1919, the Red Sox ownership sold Ruth's contract to the New York Yankees.

Next month will be part 2 of the Story of "the Babe."

*John DeMauro*



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PVA Central Florida Chapter wants to welcome Interim Sports Director Liesl Begnaud. Liesl (pronounced leess-ill) will be filling in while our chapter Director of Sports, Recreation and Advocacy, Roger Sack, is at the Tampa VA SCI Unit doing some rehab. Liesl has an impressive resume (see next page) and we are fortunate to have her here at the Chapter. Welcome Liesl, we are happy to have you with us!



## **Liesl Begnaud, MSW**

**Therapeutic Recreation Graduate Student, CTRS pending**

**lieslb@pvacf.org**

### **Qualifications and Skills**

Design & implement programs  
Provide Case Management and Consultation  
Hire and supervise staff and social work students  
Create and manage programs, develop policies and procedures, conduct research and evaluation  
Administer and manage programs within established budgets  
Conduct and lead strategic planning process, developing goals and outcomes  
Conduct community based assessment, research and evaluation  
Fundraising and development including grant writing, budget management and events planning  
Recruit, train, supervise and coordinate volunteers  
Complete Therapeutic Recreation process for individuals, assess, plan, implement and evaluate  
Teach swimming, biking and running skills

### **Experience with Adaptive Sports and Coaching**

Journey Para Triathlon Camp Associate Director and Coach	Sept 2018
Paralyzed Veterans of America, Swim Coach	May- Current
Dare To Tri Adult Para Triathlon Camp, Assistant Coach	June 2018
Swim Like a Pro, Assistant Triathlon Coach	2018- Current
Special Olympics, Assistant Cycle Coach	2017
Challenged Athlete Foundation, Triathlon Camp, Volunteer Coach	2016
Endurance Triathlon and Para Certified Coach, Team MPI; USAT Level 1	2016- Current

### **Additional Professional Experience**

Consultant for Outreach and Events, Christ Lutheran Church, ELCA	2017
Fund Developer, New Beginnings Central Florida Transitional Housing	2015-2016
Consultant for Outreach, Highlands Lutheran Church, ELCA	2015
Recruitment Specialist, Lutheran Diaconal Association	2014-2015
Consultant for Outreach, St. Andrew Lutheran Church, ELCA	2014
Homeless Programs Team, Division of Housing, State of Colorado	2013-2014
Outreach Coordinator, Resurrection in the City, Lutheran Church	2011-2012
Program Manager, Homeless Prevention Coalition, Jewish Family Service	2009-2011
Program Manager, HOPE; HOME Alliance Programs, Metro CareRing	2005-2009

### **Education and Professional Training**

Therapeutic Recreation Graduate Certificate, SUNY Cortland, May 2019  
Masters of Social Work, University of Denver, 1998  
Bachelor of Social Work, Valparaiso University, 1995  
USAT Level 1 and Para Certified Triathlon Coach, 2016, 2017  
CPR/AED Certified





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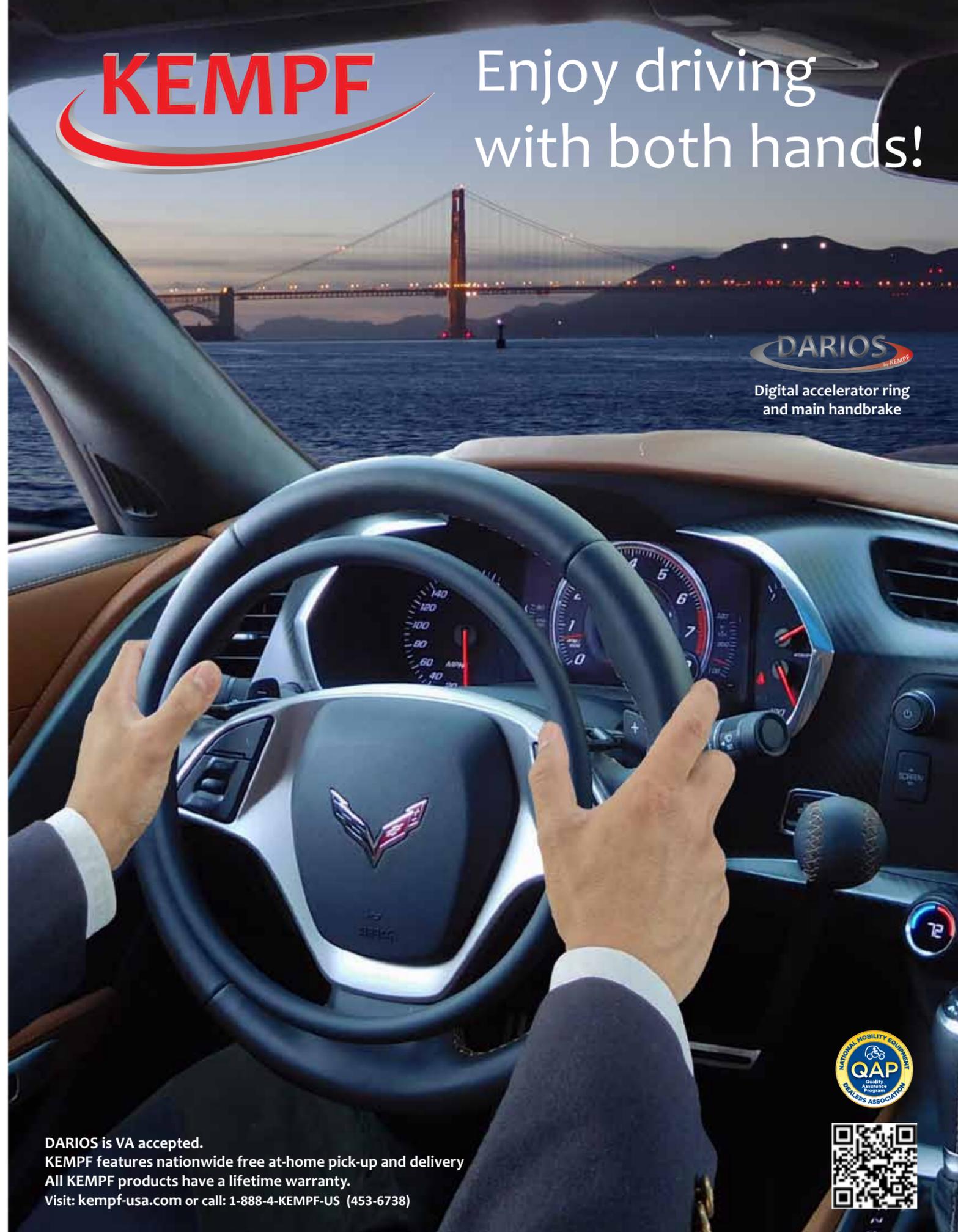
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## Did You Know?

### did you know?

The largest cave in the world, Han Son Doong, is in Vietnam. It's over 200 meters high and has its own climate, jungles, rivers, and clouds inside.

### did you know?

The New Year's Eve confetti in NYC is literally made of people's hopes and dreams. The Times Square Visitor Center wall is open year round for people to put Post-Its up with their next-year's wishes. Those wishes are made into confetti, and thousands of dreams flutter across Times Square as the ball drops.

According to AARP AT&T offers a ten percent off the monthly service charge of qualified wireless plans. 15% off select accessories, plus pay no fees for activations or upgrades.

### did you know?™

You can't usually smell your own house (or perfume) because of a survival instinct called 'olfactory adaptation.' The brain is always looking for new, unusual, or changing smells as a sign of possible danger, so it ignores smells that have become familiar.

### did you know?™

If you didn't sleep well last night, you can convince yourself that you did just by believing you aren't tired. It's called 'placebo sleep,' it improves cognitive function, and it makes you perform better than when you spend the day thinking about being tired.



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