



**Paralyzed Veterans  
of America**  
Central Florida Chapter

# APR 2019

SUN	MON	TUE	WED	THU	FRI	SAT
		<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b>
	Handcycle 10:00 am WOT Tennis-USTA 6:00pm		Swimming 11:00-1:00 pm NTC	Tennis-USTA 6:00pm	Bowling/Billiards 1:00-4:00pm Board Walk Bowl	Adaptive Cross Fit Clermont 10:30
<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Tennis-USTA 6:00pm	Air Rifle 2:00-4:00 PVACF			BOD meeting PVACF 11:00-2:00		
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Handcycle 10:00 am WOT Tennis-USTA 6:00p			Swimming 11:00-1:00 pm NTC	Bingo 2 pm CLC  Tennis-USTA 6:00pm	Bowling/Billiards 1:00-4:00pm Board Walk Bowl	Dreamplex Track and Field Clinic 9:30 am Montverde Academv
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Tennis-USTA 6:00pm	Air Rifle 2:00-4:00 PVACF			Boccia 10-12 PVACF  Tennis-USTA 6:00pm	Field Practice 1 pm Tucker Ranch	
<b>28</b>	<b>29</b>	<b>30</b>				
Handcycle WOT 10:00 am Tennis-USTA 6:00pm					Register for Track and Field Cameron @	cgomes@cfdre amplex.com

Boardwalk Bowl  
PVACF  
National Training Center, NTC  
West Orange Trail, WOT  
CLC, Orlando VA  
USTA- US Tennis Association  
Clermont CrossFit  
Tucker Ranch, Recreation Complex

10749E. Colonial Dr., Orlando,  
2711 South Design Court, Sanford, 32773  
1935 Don Wickham Dr. Clermont, 34711  
Winter Garden RSVP 1-407-680-4854  
5201 Raymond St. Orlando, 32803  
10000 USTA Blvd, Orlando FL 32827  
407 Old Highway 50 Unit 407, Minneola, FL 34715  
100 Avalon Road, Winter Garden, Florida