

Horses & Heroes

Equine-Assisted Program for Veterans



Veterans diagnosed with PTS are eligible to participate in a free study that provides group counseling sessions and multiple opportunities to interact with and ride horses. It's a great way to become active in a safe environment exclusively for Veterans, and the results of the study will be used to help Veterans nationwide.

- 10-week program meets once weekly
- Free to post-9/11 Veterans diagnosed with PTS
- No horse experience needed
- Weight limit 250 lb.

Four sessions to choose from this fall:

- Mondays, 9:30 a.m.-12:30 p.m., session starts September 9, 2019
- Tuesdays, 9:30 a.m.-12:30 p.m., session starts September 10, 2019
- Tuesdays, 2:00 p.m.-5:00 p.m., session starts September 10, 2019
- Wednesdays, 9:30 a.m.-12:30 p.m., session starts September 11, 2019

Check it out
at
McCormick.us

"Participating in this program has been the best thing in my life...PTSD is like death. It kills hope, success, happiness, joy, and peace. The program helped to bring these things back to life in me...I have a long life ahead of me, and finally I can see a bit beyond the darkness. This is a fountain of life and healing...every Veteran or soul of war needs this program." Veteran V.B.

To participate contact **Caity** at **407.933.7433 ext. 1** or **Caity@McCormick.us**